THE STATE OF Health Care Quality 2015
Big anniversary, broader focus

• Medicare Star measures
• Statistically significant 3-5 year trends
• MACRA
• Future of performance measurement
Medicare Star Measures
Medicare Stars & HEDIS

Medicare Star Measures

HEDIS Measures

11 overlapping measures (all improving)
Medicare is Best
Colorectal Cancer Screening
Medicare is Best
Colorectal Cancer Screening

![Graph showing the rate of colorectal cancer screening over years for different types of insurance: Commercial HMO, Commercial PPO, Medicare HMO, and Medicare PPO. The graph indicates Medicare HMO and PPO have consistently higher rates than commercial options.]

- Medicare HMO and PPO rates are generally higher than commercial HMO and PPO rates.
- The rates for Medicare HMO and PPO have shown a steady increase from 2004 to 2014.
- Commercial HMO and PPO rates have fluctuated over the years, with some years showing lower rates compared to Medicare options.

Rate


- Commercial HMO
- Commercial PPO
- Medicare HMO
- Medicare PPO
Medicare is Best
Controlling Blood Pressure
Medicare is Best
Controlling Blood Pressure

Commercial HMO  Commercial PPO  Medicare HMO  Medicare PPO
Medicare is Best
Diabetes Care- Blood Sugar Controlled
(Lower is better)
Medicare is Best

Diabetes Care - Blood Sugar Controlled
(Lower is better)
Medicare is Best

Diabetes Care - Kidney Disease Monitoring

- Commercial HMO
- Commercial PPO
- Medicare HMO
- Medicare PPO
Statistically significant trends
Glass half empty or half full?

Statistically significant changes over 3-5 years:

15 measures (11%) performance declines

75 measures (55%) mixed results, no trend

46 measures (34%) performance gains
No Improvement But Strong Performance
Many stagnant measures are at high levels

- Low Rates 0-40 pct
- Medium Rates 41-65 pct
- High Rates 66+ pct
Statistically significant improvement
Adult BMI Assessment
Adult BMI Assessment

- Commercial HMO
- Commercial PPO
- Medicaid HMO
- Medicare HMO
- Medicare PPO
Obesity-Related Measures

Measuring BMI (3-17 Years)
Obesity-Related Measures
Measuring BMI (3-17 Years)
Obesity-Related Measures
Counseling for Physical Activity
(3–17 Years)
Obesity-Related Measures

Counseling for Physical Activity (3–17 Years)
Obesity-Related Measures
Counseling for Nutrition (3–17 Years)
Mixed results for behavioral health
Antidepressant Medication Management
Effective Acute Phase Treatment

Graph showing the percentage of patients managed by different health plans over the years from 1999 to 2014. The plans include Commercial HMO, Commercial PPO, Medicaid HMO, Medicare HMO, and Medicare PPO.
Antidepressant Medication Management
Effective Continuation Phase Treatment

- Commercial HMO
- Commercial PPO
- Medicaid HMO
- Medicare HMO
- Medicare PPO
Follow-Up After Hospitalization for Mental Illness
Follow-Up After Hospitalization for Mental Illness: Within 7 Days Post-Discharge

- Commercial HMO
- Commercial PPO
- Medicaid HMO
- Medicare HMO
- Medicare PPO
Follow-Up After Hospitalization for Mental Illness: Within 30 Days Post-Discharge
MACRA has two tracks. They must be easy to compare.

**MIPS**
Merit-Based Incentive Payment System

**APM**
Alternative Payment Models
5 MACRA principles

1. Well-organized primary care team for each patient
2. Measurement for each unit of accountability
3. Core set of measures to facilitate comparisons
4. Measurement to aid fast improvement, accountability
5. Useful, accessible results
Measurement’s Future
Now: Focus on structure & process.
Needed: Focus on outcomes.
Coming in December 2015

Analysis of Medicaid Quality in Expansion vs. Non-Expansion States

- Any consistent effect?
- If differences predated expansion, what does that say about expansion?